

John Girdwood

Enhance Your Performance!

Outperform Your Competitor: Proven Goal Setting Techniques

Motivate the Team: How to Exceed Expectations

Inspire Yourself and Others: Learning New Perspectives

Achieve Greater Output: Beyond Your Expectations



"With an approach based upon sports psychology, I am able to bring relevant material to any program – professional or amateur, from the athletic field to the workplace. The message is the same and the results follow no matter the venue. Whether you are looking to build a framework for long-term success or simply focusing on one project or game, I am able to help you set and reach your goals." – John Girdwood



Previous enhanced organizations include:

2010 June: [National Bereavement Camp Conference](#), Cleveland, OH

Presentation Title – "[Volunteer Participation: The Other Half of the Equation We Often Take for Granted](#)"

Host – [The Moyer Foundation](#)

2010 October 24: MHPCO Volunteer Symposium, Bay City, MI

Presentation Theme – "[Rethinking Volunteer Engagement](#)"

Host: [Michigan Hospice and Palliative Care Organization](#)

2011 April 13-15: VNAA 29th Annual Meeting, Baltimore, MD

Presentation Theme – "Top Down or Bottoms Up? Creating an Environment for Better Care"

Host: [Visiting Nurse Associations of America](#)



Check out the website to discover tools like:

Philosophical Approaches to Team Management

Power Point and Other Presentations

Useful Handouts

Team Performance Mental Exercises

Over 1 Hour of Video

And much, much more!

Serving the following:

- Individuals
- Groups
- Teams
- Corporate Organizations

COVERING TOPICS LIKE:

[Finding New Staff: A Paradox](#)

[Did You Hire Kobe Bryant at Your Org?](#)

[Accountability of Two Parties](#)

[Are You Missing the Most Important Meeting?](#)

[Managing Dissent and Measuring Reports of Individual Engagement](#)

visit

Phone: (774) 473-9663

Email to John@JohnGirdwood.com

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